



PROMO PACKAGE

JOIN THE SQUASH CLUB

CALORIES BURNED PER HOUR

SQUASH		1034
STATIONARY BIKE		905
SOCCER		862
RUNNING		776
TENNIS		689
BASKETBALL		689
YOGA		215

WHY PLAY SQUASH?



INCREASES FLEXIBILITY



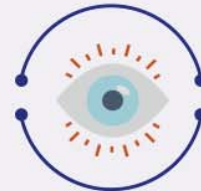
EASY TO LEARN



IMPROVES CARDIO ENDURANCE



BUILDS MUSCLE STRENGTH



SHARPENS HAND-EYE COORDINATION



REDUCES STRESS

LIKELY THE BEST STEAM ROOM IN THE WORLD. WHY STEAM?



IMPROVES CIRCULATION



CLEARs CONGESTION



BURNS CALORIES



LOWERS BLOOD PRESSURE



AIDS IN WORKOUT RECOVERY



BOOSTS THE IMMUNE SYSTEM



REDUCES STRESS



LOOSENS STIFF JOINTS



CURES HANGOVERS

Gym

Complete Cardio and Weight Training Facility with onsite Personal and Group Training



Food & Beverage

Casual, Fine Dining, and Catering for every occasion



Networking

Socialize with the leaders of the business community in an informal environment



HISTORY

In 1909 the name WINNIPEG SQUASH RACQUET CLUB came into existence. From this date a committee of our most progressive business and professional gentlemen set themselves to the task of creating the first Squash Racquet Club.

The first building was located at 79 Donald Street just south of Broadway. The early records of the Club make fascinating reading for any Winnipeg historian as the names mentioned read like a “WHO’S WHO” of the young city’s business world.

The original Club building finally yielded to progress in 1958 when it was sold to a financial institution for part of its Canadian head office grounds. From this sale grew the fine new Winnipeg Squash Racquet Club on the present site at 275 Stradbrook Avenue, with a doubles and four single International Courts.

Since then the Winnipeg Squash Racquet Club has endeavored to continue to upgrade its facilities and provide a modern environment for our membership.

The Club is arguably one of the finest sport and recreation facilities of its kind in Canada providing one of the venues for squash, fitness, business and social networking.

We take pride in offering elite squash programs, National and International tournaments, and the development of a very active junior program.

The Winnipeg Squash Racquet Club remains committed to its mission – to provide the best squash, health and social facilities for the enjoyment and benefit of its members.





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FACILITIES

- 4 International Squash Courts,
- 1 Doubles Squash Court
- Fully equipped locker room w/showers, towel & toiletry service
- Steam room
- Suntan bed
- Full time squash professional
- Pro Shop with a Full Range of Squash Equipment and Clothing
- Fitness Centre and Cardio Room
- Entertainment Lounge with Surround Sound Home Theater and Billiard Table
- Free Parking
- Reciprocal Club Arrangements
- On Line Court Booking System
- Hopwood Lounge – Courtside Cafeteria and Bar
- Member's Dining Room – Fine Dining for Lunch or Dinner
- Banquet Facilities

COURTS & FITNESS – 5 of the best courts in Canada are found at the Winnipeg Squash Racquet Club. Our 4 exhibition courts with glass back walls have been used for a number of exhibitions by top pros from across the continent as well as for National Championship Tournaments. The Club also has a fully equipped Fitness Facility complete with free weights, stationary and cardiovascular equipment.

SQUASH PRO – The WSRC is pleased to have David Glass as our Club Pro. David has represented Canada and Manitoba in competitive squash with distinction. He has been a ten time Manitoba Squash Champion and is currently ranked #1 in Manitoba.

TOURNAMENTS – The WSRC hosts a number of tournaments throughout the year including the Manitoba Open. The Manitoba Opens attracts players from around the world.

CLINICS AND PRIVATE LESSONS – For those wishing to learn the game or improve their play, the squash pro offers clinics and private lessons year round.

HOUSE LEAGUES – Throughout the squash season, members are welcome to join various singles and doubles round robin and house leagues. The WSRC has an “on-line” court booking system so members are able to book from the convenience of their home computers or smartphones.

JUNIOR PROGRAM – For up and coming younger players, we have a superior junior program that has trained some excellent competitive players.

MEMBER'S DINING ROOM & LOUNGE – Winnipeg's best-kept secret. Our exclusive, “members only” dining room offers members and their guests the finest cuisine prepared by our in house Executive Chef and served in a serene atmosphere.

CLUB EVENTS – WSRC hosts many special events for the members and their families such as Men's Health events and much more! Members always book early to get a seat to the Santa Brunch and Mother Day's Brunch.

THE CLUB'S MEMBERS – The membership of the Winnipeg Squash Racquet Club is active in participating in the well being of the Club, making it one of Winnipeg's most successful and long enduring sport and social facility.

Providing the best squash, health and social facilities for the enjoyment and benefits of its members since 1909.



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MEMBER TESTIMONIALS

"I joined the WSRC about 20 years ago and was quickly hooked on the sport and the club. I credit it's incredible learning curve with keeping me fit into my 40's. The Squash Club camaraderie itself is something that I can't imagine my Winnipeg existence without. What has kept many of my friends in Winnipeg? They've got their cottage and they've got their Club."

Jon Thiessen, owner of U.N. Luggage

"I was invited to the squash club when I was 15 years, the pro was Charlie Ives, he was trying to start a junior awareness program, no charge, hours were restricted to Sunday evenings only from 6:00 pm until 9:00 pm, (he would let us go until 10:30)

I remember counting the days to play. During University we were offered a junior membership, I played until my late 20's. Unfortunately a old shoulder & other injuries prevented me from continuing the game. 37 years later, I have maintained my membership and enjoy the convenience of riding the bike, & exercising anytime, the comradery, have a quick stream, terrific food and back to work. The Winnipeg Squash Racquet club provides a great escape for all to enjoy just about 24/7"

Cole Castelane, Century 21 Bachman & Associates

"More than 40 years as a member of the WSRC has been an important part of my life. It has allowed me to remain fit and lead a healthy life. The high level of squash played at the club, allowed me to compete at the National level for over 20 years. It's a great place to belong, and make good friends. Try it, you'll love it!"

Rick Borland

"I have been a member of the club for the better part of 20 years. If the Squash Club didn't exist I wouldn't live in Winnipeg"

Kishore Kapoor, Chair Audit Committee Board of Directors Bell MTS

"I have been a member of the squash club for 22 years. Some of my best friends in life I have made through connections at the Squash Club."

Dr. Peter McDonald, Orthopaedic Surgeon Pan Am Clinic, Head Physician Winnipeg Jets

"I have been a member of the squash club most of my life. What is neat about it, is you get all sorts of members including leaders of our community in a really casual atmosphere."

Evan Mancer, President Cardinal Capital

"When I was younger and I joined I wasn't sure what it was going to be like. Coming here and everybody being so welcoming, from both older long time members to the newest guys around. It's really special, just as far as being totally inclusive. Guys from all walks of life that intersect here whether it is for athletic or social pursuits."

Andrew "Hustler" Paterson, Radio Personality TSN 1290

"Every individual leaves their ego at the door and is down here for the same reasons everybody else is. To hang out, have a good time, get some exercise and then go home or out."

Curtis Dery, VP Business Development, Powerland Computers

"Leave me alone, I am just here for some squash and a beer."

Danny Braunstein, Current WSRC President Board of Directors

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MEMBERSHIP CATEGORIES

SHAREHOLDER STATUS MEMBERSHIPS:

REGULAR MEMBERSHIP:

A person 30 years of age or older.

JUNIOR EXECUTIVE MEMBERSHIP:

Any person, at least 21 years of age and under 30 years of age is qualified for a membership in the Club at a reduced rate. The month following the members 30th birthday, the membership and fee is automatically changed to that of a Regular Member.

NON-RESIDENT MEMBER::

A Regular Member residing 200 km outside the City of Winnipeg who does not pay monthly dues but is assessed an annual fee.

CORPORATE MEMBER:

Three or more members from the same company, with no age requirements. Required sponsorship/advertising purchase of \$1500.00 annually.

NON-SHAREHOLDER STATUS MEMBERSHIPS:

EARLY PROFESSIONAL MEMBERSHIP:

An individual who has completed their undergraduate degree or equivalent programs and are currently involved in a residency, internship, or articling program. Maximum of three years of registration in this category.

STUDENT MEMBER - SENIOR:

An individual 19 years or older, enrolled as a full-time student is assessed an annual fee.

STUDENT MEMBER – JUNIOR:

An individual between the age of 15 and 18 years, enrolled as a full-time student is assessed an annual fee. Students are restricted in their use of the Club as outlined in the Student Member Package.

HONORARY MEMBERSHIP:

Conferred on a member of the Club in recognition of many years of dedicated service and outstanding contribution to the objectives of the Club. Included as well are the Premier of Manitoba, the Mayor of Winnipeg and all Honorary Consuls of Manitoba.



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DUES & FEES

All new Shareholder Memberships are required to purchase a Winnipeg Squash Racquet Club refundable share and pay an entrance fee prior to joining.

Share: \$150.00 plus GST
Entrance Fee Junior Executive** \$250.00 plus GST
Entrance Fee Regular** \$1000.00 plus GST

DUES ETC (GST Additional)	Annual*	Monthly
Regular Member	\$2,160.00	\$180.00
Corporate Member	1,692.00	141.00
Senior Member	1,668.00	139.00
Junior Executive	1,512.00	126.00
Non-Resident Member	300.00		
Early Professional Member	755.00		
Student Member - Senior	526.00		
Student Member - Junior	355.00		
Student Member – Summer	272.00		
Locker (annual September)	50.00		
Building Assessment***	120.00	10.00

*Annual dues are charged January 1st but can be paid monthly
**Amortization over a period of 12 months is available
***Building Assessment Fee applies to new Regular and Junior Executive members only. The fee is charged at \$10.00 per month or \$120.00 annually over a 5-year period up to a maximum of \$600.00.

OTHER:

Gratuities: \$50.00 (plus GST) is charged semi-annually to Regular, Junior Executive and Senior Members in May and November.

Minimum House Charge: The minimum food assessment for Regular, Senior and Junior Executive members will be charged at \$90.00 (plus GST) every quarter with no carry-overs. The quarters end April, July, October and January. All charges for food (excluding beverages and taxes) consumed in the Club will be credited towards the minimum amount and the remaining to be used stated on the monthly account statement.

Please note annual dues are subject to change



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NEW MEMBER PROMOTION

THE POTENTIAL MEMBER WILL RECEIVE:

In hopes of enticing a select number of friends and relatives to join our favorite place, the members of the Winnipeg Squash Racquet Club are pleased to present potential members with our fall membership promotion.

1. Waiving of \$1000 Transfer Fee

2. Three Months Free Membership

The first month is free with no commitment to the club. At the conclusion of the first month, the new member will receive a further 2nd and 3rd month of free dues with a commitment to a continued 12 month membership. This offer will improve to a further 4th month free if the potential member joins with a friend.

3. Five Squash Lessons

At no charge from Squash Pro Dave Glass

4. Waived Entry Fee to the Wednesday Night Squash League

5. Pair of Protective Sports Glasses

At no charge

6. One Time Pro-Shop Discount of 20%

Can be applied to both court gear and racquets. Minimum \$75 purchase.

7. 30 minute fitness assessment

From fitness Pro Richard Burr

Note: The above promotion is only available for Regular, Junior Executive and Senior Membership categories. Non-shareholder categories do not qualify for this promotion